



ANXIETY SPECIALISTS
— *of* **ATLANTA** —
Evidence-based Psychological Services

New ASoA Website is Live!

If you've visited our website recently, you may have noticed it looks quite different. After months of development, our new and improved user-friendly website is live! We hope that it represents our team in its entirety, and provides clarity around the services that we provide as Atlanta's leading anxiety and OCD treatment center for children, adolescents, and adults. The new ASoA website is full of educational resources, information on treatment modalities and various disorders, accessibility tools, and more.

[Click here to visit our website](#)

Face Your Fears Fest THIS SATURDAY!

ANXIETY SPECIALISTS
of ATLANTA

FACE YOUR FEARS FEST



August

12, 2023

10:00-1:00



ASOA Office Parking

1360 Center Drive St. 200
Dunwoody, GA 30338



What to Expect

- Fun, gross, weird, and silly opportunities to practice bravery
- Your favorite ASOA staff
- Snacks, drinks, and prizes!
- A good family-friendly time

You are invited to a day all about doing things that make us feel uncomfortable! Come test out yours (and your parents') bravery, enjoy refreshments, and meet other children with similar anxiety struggles as your own. Thank you for being a part of our family!

**REGISTER NOW FOR
THIS FREE EVENT**

(678) 825-2320

<https://anxietyspecialistsofatlanta.com/groupservices/>

This Saturday we are hosting our very first Face Your Fears Fest! This event will include a variety of fun and silly ways to practice bravery, while spending time with other families and ASOA staff. This event is designed for any child or family who have learned or are currently learning all sorts of brave skills with our team. All family members are welcome, including pets!

For more information and registration, use the link below.

Face Your Fears Fest

Raising Resilience Video Series



The final episode in our "Raising Resilience: 25 Tips for Parenting Your Child with Anxiety or OCD" has been released on our Youtube channel. Our 10-episode series goes into further detail about the parenting tips in the article of the same name by Dr. Josh Spitalnick and Marti Munford, LPC.

[Click here for the 25 Tips article in both English and Spanish](#)

[Click here to visit our Youtube channel](#)

Fall 2023 Group Therapy Offerings



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