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## Personnel Updates

Over the past 6 months, Anxiety Specialists of Atlanta has continued to grow, increasing our clinical staff, expanding our clinical services, enhancing our online and social media presence, and offering additional low-cost and no-cost clinical services. To successfully manage this expansion and reach, we are excited to announce several new directors on our staff, along with several amazing clinicians (and more to join us in the fall of 2023). These changes continue our mission to increase the availability, accessibility, and affordability of compassion-driven evidence-based care.

### Clinical Director of Adult Services [Dr. Chris Noble](#)

We are pleased to announce Dr. Noble as our Clinical Director of Adult Services. She oversees our clinical operations to ensure quality patient care and best practice standards at ASoA for our adult clients. Dr. Noble is a Licensed Psychologist, a Licensed Professional Counselor, a Certified Professional Counselor Supervisor, and a founding member of OCD Georgia, Georgia's IOCDF affiliate. Dr. Noble has over 16 years of experience



treating anxiety, OCD, and related conditions, and has been supervising masters and doctoral level interns, as well as pre-licensure therapists, since 2008.

## Clinical Director of Child and Adolescent Services [Dr. Shanee Toledano](#)

We are excited to introduce Dr. Toledano as our Clinical Director of Child and Adolescent Services. Dr. Toledano oversees clinical operations at ASoA to ensure quality patient care and best practice standards for our child and adolescent clients and their families. As a Licensed Psychologist, working with all ages, she provides evidence-based therapies including CBT, ERP, and PCIT. She values connecting with and advocating for the OCD community outside of clinical practice, and volunteering as a Board Member of OCD Georgia since 2019.



# Director of Community Engagement

## Jen Powell, LPC, CPCS



We are pleased to announce Jen Powell, LPC, CPCS as our Director of Community Engagement. Jen is responsible for identifying, supporting, and developing opportunities for our clinical staff to increase engagement with local communities in need of mental health education, advocacy, and/or philanthropic support. Jen has over 13 years experience treating anxiety and OCD, trauma and stressor-related disorders, and dissociative disorders. Jen enjoys giving presentations to members of the community to raise awareness on how to effectively manage anxiety and stress, including workshops on both the collegiate and corporate levels.

## Dr. Rob Henderson

Dr. Henderson is a Licensed Psychologist specializing in clinical assessment and treatment of children, adolescents and adults with OCD and anxiety disorders, including social anxiety, panic disorder, health anxiety, and phobias. Dr. Henderson is also experienced in providing treatments for co-existing mood disorders, adjustment disorders, and neurodevelopmental disorders such as Autism, ADHD, and Tourette Syndrome. Dr. Henderson has also given guest lectures on anxiety and related topics

throughout his career and presented at international conferences including the society for psychophysiological research (SPR) and international OCD foundation (IOCDF).



## [Hailee Dear, LMSW](#)



Hailee Dear is a Licensed as a Master of Social Work and specializes in treating OCD and anxiety disorders, including social anxiety, separation anxiety, specific phobias, health anxiety, and panic disorder. Hailee enjoys working with children (ages 6+), adolescents, and adults. Hailee also enjoys working with parents and families to assist their loved ones battling OCD or anxiety. Hailee also has expertise working with young adults still living at home struggling to transition to independent living. She will become a Licensed Clinical Social Worker in the next couple of months!

## [Camilla Kasper, LMSW](#)

Camilla Kasper is Licensed as a Master of Social Work, and enjoys working with clients across the lifespan. Camilla utilizes evidence-based practices from a Cognitive Behavioral Therapy (CBT) framework in order to treat adolescents and adults who experience relationship struggles, stress, life transitions, or generalized anxiety. She incorporates Exposure Therapy, Exposure and Response Prevention Therapy (ERP), and Acceptance and Commitment Therapy to treat anxiety disorders, including obsessive-compulsive disorder (OCD), health anxiety, social anxiety, phobias, and panic disorder.



## AVAILABLE SUMMER GROUPS

**FREE**  
**Spouse/Romantic  
Partner OCD  
Support Group**  
1st Monday of each month  
from 8-9pm EST  
3rd Thursday of each  
month from 4-5pm EST

**FREE**  
**BFRB Support Group**  
1st Wednesday of each  
month from 12-1pm EST

**FREE**  
**Living with OCD-For  
Kids**  
3rd Sunday of each  
month from 3-4pm  
EST

**FREE**  
**Family Member OCD  
Support Group**  
3rd Monday of each  
month from 8-9:15pm  
EST

**An OCD/Health  
Anxiety Support and  
Skills Group**  
Starts Wednesday, June  
21, 2023, 2:30pm-4pm  
EST and meets every  
week for 8 weeks

 <https://anxietyspecialistsofatlanta.com/groupservices/>



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